

**KIND
SMILES.**

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SMILES**

Kindness Clinic
kind smiles · est.
ortho + pediatric

KIND SMILES ORTHODONTIC JOURNEY GUIDE

GIVE YOUR CHILD THE BEST SMILE FOR LIFE

At Kind Smiles Orthodontics, led by Dr. Junyi, we're dedicated to shaping healthy, beautiful smiles for all ages, with special attention to kids and young adults. Your child's smile is important for their health and confidence, and we are here to make their orthodontic journey a positive and empowering experience.

We recommend that children have their first orthodontic consultation by age 7. Early detection of misalignments can lead to simpler, less invasive treatment, helping to prevent more serious problems later on.



SIGNS YOUR CHILD MIGHT NEED ORTHODONTIC TREATMENT

Here are some signs that may indicate your child could benefit from orthodontic care:

- Crowded or crooked teeth
- Gaps between teeth
- Overbites or underbites
- Early or delayed loss of baby teeth
- Thumb-sucking beyond the age of 6
- Breathing primarily through the mouth
- Difficulty chewing or biting

Not all orthodontic issues are easy to spot, which is why it's crucial to have an expert, like Dr. Junyi, assess your child's smile early.



TREATMENT OPTIONS

At Kind Smiles, we offer a variety of treatments tailored to your child's needs, including:

INVISALIGN FIRST®

Invisalign First® aligners are clear, smooth, and removable, designed specifically for growing smiles, made for kids with a mixture of baby teeth and permanent teeth! With Invisalign, your child can maintain good oral hygiene more easily and enjoy their favorite foods without restrictions.

TRADITIONAL AND CERAMIC BRACES

We also offer modern metal and ceramic braces, which are highly effective in correcting misalignments. Ceramic braces are a more aesthetic option, blending with the natural color of the teeth.

EXPANSION

For younger children, the upper palate is still soft and flexible, making it the ideal time for palatal expansion. This treatment gently widens the upper jaw, creating more space for teeth to grow and helping correct bite issues and jaw misalignments. Early expansion can prevent the need for more invasive treatments later on, such as jaw surgery. By acting at the right time, we can correct these issues while the jaw is still developing, reducing the risk of more complex problems in the future.

THE ORTHODONTIC JOURNEY AT KIND SMILES

1

THE INITIAL CONSULTATION

Your child's journey begins with a comprehensive consultation where Dr. Junyi will assess their smile, discuss their goals, and recommend the best time to start treatment.

2

FITTING THE APPLIANCE

Whether your child chooses Invisalign® aligners or braces, we'll ensure a comfortable and precise fit. Dr. Junyi will guide them through each step, ensuring they are set up for success.

3

REGULAR ADJUSTMENTS

Your child's progress will be closely monitored, with adjustments or new aligners provided as needed. Our team will be with you every step of the way, answering any questions and making sure your child is comfortable.

TIPS FOR A SMOOTH TREATMENT JOURNEY

MAINTAIN GOOD ORAL HYGIENE

Brush and floss regularly, especially with braces.

FOLLOW INSTRUCTIONS

Wearing aligners or elastics as directed will speed up treatment time.

BE MINDFUL OF FOOD

Avoid sticky or hard foods that can damage braces.

REGULAR CHECK-INS

Don't miss orthodontic appointments to keep the treatment on track.



SCHEDULE A CONSULTATION WITH DR. JUNYI TODAY!

At Kind Smiles, we're committed to providing expert orthodontic care in a friendly and welcoming environment. Visit us for a consultation and let us help your child on the path to a lifelong, confident smile!

CONTACT US

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